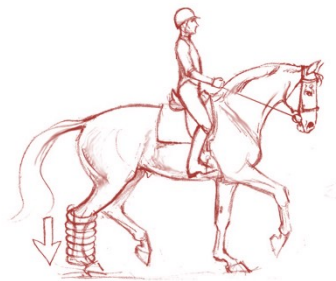


# Preliminary Program Horse Impulse Clinic,



July 6<sup>th</sup> - 8<sup>th</sup>, 2018  
at Erskylän Kartano, Finland

## Instructors

### Instructor

Mag. Michael Estermann  
Rui Pedro Arruda  
Karin Rosenlew  
Lina Lagström  
Kyösti Rantanen

### Profession/speciality

Veterinarian, Osteopath, Homeopath  
Equine Biomechanics, Classical riding  
SMS Saddle Fitter, Equine Nutritionist  
Saddler  
Farrier

## 1. day, Friday, July 6<sup>th</sup>:

### Morning lessons:

- Introduction and presentation of Rui and his work, demonstration of groundwork.
- Introduction and presentation of Michael and his work, exterior, movement analysis and demonstration of the natural disbalance on the hand and at the lounge. (Demonstration with one of the 8 horses).

### Lunch break

### Afternoon lesson:

- We work on all horses, one horse at a time: Exterior, Natural disbalance.
- Rui works on every horse on the ground and we all discuss the movement analysis. Videos taken of the horses for later slow-motion and backwards analysis.
- Rui does a masterclass demonstration riding one horse.
- Michael does a demonstration therapy (Osteopathy, Physiotherapy, Myofascial release therapy).

## 2. day, Saturday, July 7<sup>th</sup>

### Morning lessons:

- Demonstration of the Horse Impulse Trainer (one or two horses, Video) ~30 minutes.
- Theory: Anatomy, Bio mechanics, Fascial system ~ 1 hour.
- Video analysis (not all horses, we look at the 2 or 3 most interesting ones).

### Afternoon lessons:

- Single riding lesson with Rui for every rider (others listening).
- Michael treats every second horse and teach the owner how to do it themselves, with the other horses he does a short regeneration program.

**Evening: Come together dinner and Discussion at a local restaurant**

## 3. day: Sunday, July 8<sup>th</sup>

### Morning and early afternoon lessons:

- Single riding lesson with Rui for every rider (others listening).
- Michael treats those horses that had a short program on Saturday and teaches the owner how to do it themselves, with the other horses, that had a treatment the day before, he does a short regeneration program.
- Discussions and feedback

### 4PM to 6 PM

- Presentation of all methods covered by the Clinic for a bigger Lecture Audience

Welcome to join us! This Clinic will change the way you work and keep your horse!

For more info, please visit <https://www.vixen.fi/arqh/horseimpuls>